

# Jeff Sugar, MD

## CURRICULUM VITAE

Phone: (310) 291-0886

[jeffsugarmd@gmail.com](mailto:jeffsugarmd@gmail.com)

[www.JeffSugarMD.com](http://www.JeffSugarMD.com)

### EDUCATION

High School	Firestone High School, Akron, Ohio, 1971
College	New College, Sarasota, Florida, B.A., 1976
Post-Graduate	Masters' Program in Fine Arts, Interdisciplinary Creative Arts, San Francisco State University, Sept. 1982- July 1983
Medical School	University of California, San Francisco, M.D., 1984
Internship	Harbor-UCLA Medical Center, Torrance, California, July 1984-June 1985, Psychiatry and Rotating Internship
Residency	Harbor-UCLA, Medical Center, July 1985-June 1987, Psychiatry
Fellowship	UCLA Neuropsychiatric Institute, Los Angeles, California, 1987-1989, Child Psychiatry
Honors	Faculty of the Year: USC, Child and Adolescent Psychiatry Program, 2019 Research Fellow of the International Psychoanalytical Association, 2018 <b>Distinguished Life Fellow, American Psychiatric Association, 2017</b> Faculty of the Year: USC, Child and Adolescent Psychiatry Program, 2016 Distinguished Fellow, American Psychiatric Association, 2013 Faculty of the Year: USC, Child and Adolescent Psychiatry Program, 2013 American Academy of Child and Adolescent Psychiatry: Outstanding Mentor Award, 2010

Faculty of the Year: USC, Child and Adolescent Psychiatry Program, 2007

Chief Fellow in Child Psychiatry: UCLA 1988-1989

Licensure California, Current (Certificate G-56352)

Board Certifications American Board of Psychiatry and Neurology, (Psychiatry), 1991

*Note that Child Psychiatrists are fully trained in Adult and General Psychiatry **before** training in Child Psychiatry and must pass General Psychiatry Boards to be eligible to take the Child and Adolescent Psychiatry Board Examination.*

American Board of Psychiatry and Neurology, (Child and Adolescent Psychiatry), 1991

## PROFESSIONAL BACKGROUND

### ACADEMIC APPOINTMENTS

Adjunct Professor of Clinical Psychiatry, Keck School of Medicine, Department of Psychiatry, University of Southern California, Los Angeles, California, 2021-Current

Assistant Professor of Clinical Psychiatry, Keck School of Medicine, 2005-2021

Assistant Clinical Professor, UCLA Department of Psychiatry, 1990-2005

### FORENSIC WORK

**Expert Witness**, Los Angeles, CA, Forensic General and Child and Adolescent Psychiatry. 1990 - Current

Solo practice. Cases span the range of general and child psychiatry, with emphasis on acute and enduring effects of trauma and adversity.

- ***Defense and plaintiff, both civil and criminal.***

**Child and adult** cases involving:

- Institutional Sexual Abuse
- Effects of Trauma and Adversity on child development
- Post-Traumatic Stress Disorder (PTSD)
- Complex Post-Traumatic Stress Disorder (C-PTSD)
- Chronic Physical, Sexual or Emotional Abuse
- Psychological Trauma in the Workplace
- Date Rape/Internet Seduction

- Post-traumatic Loss, Grief and Depression
- Psychological Effects of Injury to the Body or Brain
- Psychiatric Medical Malpractice

**Workers Compensation Psychiatric Evaluations**, Los Angeles, CA, Part-time:

Evaluated over 250 psychiatrically injured workers, developed an instrument for gathering information systematically, and “grandfathered” as QME, 1989-2001

**TEACHING**

1992: developed a training program at Hathaway Children’s Village for fellows in child psychiatry at Cedars-Sinai Hospital, a UCLA affiliate. This training program grew and lasted until the closing of Cedars’ psychiatric units, late 2011.

Supervised graduate students in counseling, social work and psychology, as well as medical students and general and child psychiatry trainees at all levels and provided regular continuing education throughout tenure at Hathaway.

**Teaching** at USC: clinical assessment and treatment of children, adolescents and adults, with a focus on:

1. Understanding the effects of trauma and adversity,
2. Integrating evidence-based psychotherapy with rational psychopharmacology.

. With a 5-year grant from SAMSHA, I **developed USC’s Child and Adolescent Psychiatry Trauma Program** in 2005 and taught **Trauma-Focused Cognitive Behavioral Therapy** to USC trainees since 2006. In addition, I taught a didactic course in psychotherapy, supervised a monthly **Child and Adolescent Psychiatry Journal Club** and a course on **Statistics** that focused on the importance of *critical thinking*. I have presented regular **clinical case conferences** jointly to pediatric and child psychiatry trainees.

In my role as Ward Chief on the Adolescent Inpatient Unit I taught trainees how to assess child trauma and to differentiate the effects of severe trauma from psychosis. In addition, I taught them how to interview **families** and to use **Expressive Arts** in therapy groups with our adolescent patients.

**EMPLOYMENT HISTORY**

**Solo Psychiatric Expert Witness practice**, El Segundo, California, 1989-Current

**Attending Psychiatrist, Child and Adolescent Psychiatry Outpatient Clinic**, University of Southern California, Los Angeles, California, 2015 – 2021

**Director, Child and Adolescent Psychiatry Trauma Program**, University of Southern California, Los Angeles, California, 2006 – 2021

**Attending Psychiatrist, Adult Psychiatry Outpatient Clinic**, University of Southern California, Los Angeles, California, 2015 –2018

**Co-Ward Chief, Adolescent Inpatient Psychiatry**, University of Southern California, Los Angeles, California, 2013-2015

**Senior Consulting Psychiatrist**, Children's Institute, Los Angeles, 2013-2015

**Chief, Child and Adolescent Crisis, Emergency and Consultation Service**, University of Southern California, Los Angeles, California, 2006 – 2013

**Weekly overnight call and supervision of psychiatry residents** at Augustus Hawkins Hospital, University of Southern California, Los Angeles, California, 2009 – 2014

**Clinical Child Psychiatrist and Consultant**, Maternal/Child AIDS Clinic, University of Southern California, Los Angeles, California, 2011 – 2012

**Clinical Psychiatrist and Consultant**, Men's AIDS Clinic, University of Southern California, Los Angeles, California, 2011 – 2012

**Faculty Member**, General Psychiatry Emergency Services, University of Southern California, Los Angeles, California, 2011

**Ward Chief**, Adolescent Inpatient Unit, University of Southern California, Los Angeles, California, 2005 - 2006

**Psychiatric Relief Work**, (volunteer), International Medical Corps, Banda Aceh, Indonesia, April – May 2005

**Chief of Child Inpatient Unit**, Kedren Hospital and Community Treatment Center, Los Angeles, California, Sept. 2004 – Feb. 2005

**Director of Research**, Hathaway Children's Clinical Research Institute, Sylmar, California, 1999 – 2004

**Chief of Psychiatry**, Hathaway Children and Family Services, Sylmar, California, 1989 – 1991

**Clinical Child Psychiatrist**, Hathaway Children's Village, Sylmar, California, 1988 – 1991

**Consultant**, Child Psychiatry Program Development, Hollygrove Children's Center, Hollywood, California, 1997

**Private Practice** in Child and Adolescent Psychiatry Manhattan Beach, California, 1989 – 1995

**Qualified Medical Examiner**, evaluation and treatment of psychiatrically injured workers, Los Angeles, California, 1989 – 2001

**Counselor/Team Leader**, St. George Homes, Jungian residential treatment for schizophrenic and autistic adolescents, Berkeley California, 1977–1978

### **Committee Membership**

National Child Traumatic Stress Network, Substance Abuse Committee, 2006 – 2011

National Child Traumatic Stress Network, Complex Trauma Committee, 2010 – 2011

American Academy of Child and Adolescent Psychiatry, (AACAP), Disaster and Trauma Committee, 2004-2009

AACAP, Psychotherapy Committee, 1992 – 2001

AACAP, Outcomes Research Taskforce, 1995 –1999

AACAP, Residential Treatment Committee, 1994 –1999

AACAP, Assembly of Regional Councils Delegate (AACAP) 1997–1998

National Child Traumatic Stress Network, Founding Chairperson, Residential Treatment Committee, 2004

### **Society Membership**

#### Local

Southern California Society of Child and Adolescent Psychiatry, 1989 – current  
Executive Committee, 1994 – 2000; **President** 1999

Southern California Psychiatric Society, 1985 – current  
Executive Council; Regional Representative, 1995 – 1999

#### National

American Psychiatric Association, 1985 – current  
American Academy of Child and Adolescent Psychiatry, 1989 – current  
International Society of Traumatic Stress Studies, 2001– current  
Forensic Expert Witness Association, 2008 – current  
American Society of Clinical Hypnosis, 1995 – 1998

### **Consulting**

Residential Treatment Program Assessment, National Center for Child Traumatic Stress, UCLA (part of National Child Traumatic Stress Network), 2004 – 2005

Child Psychiatry Program Development, Hollygrove Children's Center, Hollywood, California, 1997

### **PAST RESEARCH ACTIVITIES**

Founding Director, Hathaway Children's Clinical Research Institute, 1999 – 2004

### **RESEARCH PROJECTS**

#### **Current:**

**PC-CARE for Mothers with HIV.** Funded Pilot study of a parenting intervention for HIV+ mothers and their HIV- children with disruptive behavior. This will be the first study to demonstrate the effectiveness of this intervention with medically ill mothers.

**Screener for Child Attachment, Adversity, Trauma, Impairment and Resilience (SCAATIR):**

Currently field testing this instrument developed with Julian Ford, PhD, to provide rapid screening of all forms of child psychological trauma and adversity.

**Past:**

**Justina: A Virtual Adolescent Trauma Patient:** Worked with a team to develop this tool for training mental health students and professionals about PTSD and the significance of therapeutic alliance.

Developed a **comprehensive database** documenting trauma histories, symptoms, and functioning in multiple domains for a longitudinal outcomes project focusing on consequences of severe interpersonal trauma in a population of ethnically diverse youth in residential treatment.

**Examined Best Practices** across the spectrum of services provided by Hathaway's major sites including two community-based outpatient clinics, all residential, foster care, family preservation and substance abuse services (total agency budget: \$18 Million).

Initiated Collaborative projects to explore improved treatment models for chronically traumatized children in residential treatment as well as examining alternatives to residential treatment.

**GRANTS**

The Southern California Clinical and Translational Science Institute \$40,000, 2018-- Current, Pilot Funding Program "PC-CARE Improves Lives of Disruptive Children and their Mothers Living with HIV."

The Southern California Clinical and Translational Science Institute (SC CTSI) 2014- - 2015 Pilot Funding Program "Bio Markers of Early Childhood Trauma and Changes through Intervention" Co-investigator advising on child trauma issues.

The National Child Traumatic Stress Network, 2006-2011

PI for the USC Subcontract in this Level III Network Grant to provide trauma assessment and services to children and their families, and to develop a child trauma psychiatry training program for the USC Division of Child and Adolescent Psychiatry.

The BC McCabe Foundation. \$750,000, 2001-2004.

This grant funded the **Hathaway Children's Clinical Research Institute**. It paid for the development of Institute infrastructure and the first three years of data collection.

Renewal of the BC McCabe Foundation Grant. \$ 650,000, 2004

This renewal grant focused on Best Practice evaluation across the agency. This led to a plan for Continuous Quality Improvement. These grants resulted in the development of a comprehensive database on over 100 traumatized youth.

**PUBLICATIONS**

Musa A, Ashraf J, Feng-Jen Tsai, Abolmagd S, Liu C, Hussain H, Voslarova E, Khalil MA, Wolitzky-Taylor KB, Lee D, Gohar S, **Sugar J**, Pendi K, Lee J, Maksoud RA, Adel N, Baron DA (2020).

Depression severity and depression stigma among students: a survey of universities in five countries. J Nerv Ment Dis 208(11):884-9

Pendi A, Ashraf J, Wolitzky-Taylor KB, Lee D, **Sugar J**, et al. (2016) "The Association between Depression Severity and Stigmatized Beliefs in Undergraduate Students at a Large Metropolitan University: A Cross-Sectional Study" *J Psychiatry Ment Health* 1(2)

**Sugar, J**, (2015), "How Adversity Becomes Disease: The Biological Embedding of Experience," Proceedings of the National Crime Victim Bar Association national conference

**Sugar, J**, and Ford, J, (2012) "Peritraumatic Dissociation and Posttraumatic Stress Disorder in Psychiatrically Impaired Youth," *Journal of Traumatic Stress*

Chien, J, **Sugar, J**, Shoemaker, E, Pataki, C, (2012), "Reflective Team Supervision After a Frightening Event on a Psychiatric Crisis Service: A Case Study," *Academic Psychiatry*

Pataki, C, Pato, M, **Sugar, J**, Rizzo, A, St. George, C, Kenny P, Parsons, T, (2012) "Virtual patients as a novel teaching tool in psychiatry," *Academic Psychiatry*

Kenny, P, Parsons, T, Pataki, C, Pato, M, St-George, C, **Sugar, J**, Rizzo, A (2008) "Virtual Justina: A PTSD Virtual Patient for Clinical Classroom Training," *Annual Review of CyberTherapy and Telemedicine*

Kenny, P, Parsons T, Rizzo, A, Reger, G, Pataki, Pato, M, **Sugar, J**, StGeorge, C (2008) "Virtual Patients for Future Leaders," Interservice/Industry Training, Simulation, and Education Conference (IITSEC)

Parsons, T.D., Kenny, P., Ntuen, C., Pataki, C.S., Pato, M., Rizzo, A.A., St-George, C., & **Sugar, J**. (2008), "Objective Structured Clinical Interview Training using a Virtual Human Patient," *Medicine Meets Virtual Reality 16*, J.D. Westwood et al. (Eds.), IOS Press, 2008

#### BOOK REVIEW

**Sugar, J**, (1994) "Preventing Antisocial Behavior: Interventions from Birth through Adolescence," *Journal of the American Academy of Child and Adolescent Psychiatry*

#### INVITED REVIEWER

*Adolescent Psychiatry*

*Pediatrics*

*Journal of Traumatic Stress*

*Sage Open*

*The World Journal of Biological Psychiatry*

#### SELECTED PRESENTATIONS

**Sugar, J**, "Flying Hands and Floating Fingers: Ideomotor Processes in Hypnosis," Six-hour virtual workshop for Society of Clinical and Experimental Hypnosis annual meeting, October 2020

**Sugar, J**, "Learn How and Why to use the Screener for Child Attachment, Adversity, Trauma, Impairment & Resilience (SCAATIR)." American Professional Society on the Abuse of Children (APSAC) Annual Colloquium, Salt Lake City, June 2019

**Sugar, J**, Ghebrendrias, S, Storage S, "Hallucinations following Sexual Trauma in a Young girl: Schizophrenia or Dissociation?," Grand Rounds presentation, USC Department of Psychiatry, Los Angeles, December 2018

Pendi A, Ashraf J, Tsai F-J, Abou El Magd S, Liu C, Hussain H, Khalil M, Wolitzky-Taylor K, Lee D, Gohar S, **Sugar J**, Pendi K, Lee J, Abdel Maksoud, Adel N, Baron D. Prevalence of depression and associated stigmatized beliefs in university students: results of a survey in the United States, Taiwan, United Arab Emirates, and Egypt. 30<sup>th</sup> Association for Psychological Science Annual Convention. 2018 May 24-27. San Francisco, CA, USA.

Pendi K, Pendi A, Ashraf J, Wolitzky-Taylor K, Lee D, **Sugar J**, Lee J, Baron D. The association between depression severity and social stigma in undergraduate students. 30<sup>th</sup> Annual U.S. Psychiatric and Mental Health Congress. 2017 Sept 16-19. New Orleans, LA, USA.

Pendi, K, Pendi A, Ashraf J, Wolitzky-Taylor KB, Lee D, **Sugar J**, Baron D "Depression severity and depression stigma in undergraduate university students," 11<sup>th</sup> International Regional "Stress and Behavior" Neurosciences and Biopsychiatry Conference (North America), Miami Beach, June 2017

**Sugar, J**, Tiao, J, Pun, S, Mack, W, Ford, J, "The Next Step After ACES: Rapid Assessment of Pediatric Adversity and Trauma (RAPAT)." International Society of Traumatic Stress Studies Annual Meeting, Dallas, November 2016

**Sugar, J**, Pun, S, "Rapid Assessment of Pediatric Adversity and Trauma (RAPAT): Scale Development and Early Results," International Family Violence and Child Victimization Research Conference, Portsmouth, NH, July, 2016

**Sugar, J**, (Chair) "New Directions in Child and Adolescent Psychotherapy," Clinical Symposium at the Annual Meeting of the American Academy of Child and Adolescent Psychiatry, San Antonio, TX, October 2015

**Sugar, J**, Daly, J, Spiegel D, "Mis(sed) Diagnosis: Trauma, Dissociation, and Psychosis, Revisited," Invited Clinical Case Conference, Annual Meeting of the American Psychiatric Association, Toronto, Canada, May 2015

**Sugar, J**, "Treating Child and Adolescent Dissociative Disorders with Hypnosis," Invited presentation, Lund University, Lund, Sweden, January 2014

**Sugar, J**, Grasso, D, Ford, J, "Trauma, Dissociation and Somatization in Psychiatrically Impaired Youth," presented at the annual meeting of the International Society of Traumatic Stress Studies, (ISTSS), Los Angeles, CA, November 2012

Macbeth, L, **Sugar, J**, "Trauma Types and Clinical Symptoms in Urban Latino Youth," presented at the annual meeting of ISTSS, Los Angeles, CA, November 2012



Macbeth, L, **Sugar, J**, "Decline in Distress Following Trauma Treatment for Urban Latino Youth," presented at 17th International Conference of the Institute on Violence, Abuse and Trauma, San Diego, September 2012

Macbeth, L, **Sugar, J**, "Comparison of Three PTSD Screening Instruments for Children and Adolescents," presented at 17th International Conference of the Institute on Violence, Abuse and Trauma, San Diego, September 2012

**Sugar, J**, "How Experience Becomes Disease: The ACE Study and Beyond," invited presentation, Maternal/Child AIDS Clinic, Research and Clinical Seminar Series, USC Department of Infectious Disease, Los Angeles, November 2011

**Sugar, J**, "Meet me in the Space of Illusion, Using Winnicott's Notion of Transitional Phenomena to Understand Traumatic Dissociation in Children" invited presentation to child division of Department of Psychiatry, Harbor-UCLA Medical Center, Los Angeles, December 2010

**Sugar, J**, Lesca, M, Enrile K, "Using Winnicott's Notion of Transitional Phenomena to Understand a case of Traumatic Dissociation," Grand Rounds presentation, USC Department of Psychiatry, April 2010

Bangbose, S, **Sugar, J** (Mentor), "Residential Schools for Foster Youth: A Promising Intervention," presented at annual meeting of the American Academy of Child and Adolescent Psychiatry, (AACAP), New York, October 2010

**Sugar, J**, Pataki, C, Ford, J, "The Rapid Assessment of Pediatric Psychological Trauma" presented at the annual meeting of the National Child Traumatic Stress Network, New Orleans, February 2010

Macbeth, L, **Sugar, J**, Pataki, C, "Teaching TF-CBT to Child Psychiatry Trainees," presented at the Association of Behavioral Therapists annual meeting, San Francisco, September 2010

**Sugar, J**, Pataki, C, St. George, C, Pato, M, Kenny, P, Parsons, T, Rizzo, A, "Factors Affecting Trainees' Interactions with Justina, a Virtual Trauma Patient" presented at the National Institute for the Prevention of Interpersonal Violence, Dallas, February 2010

Macbeth, L, **Sugar, J**, Pataki C, "Using a Structured Instrument to Increase Ascertainment of Child Trauma," presented at the American Psychological Association meeting, San Diego, September 2010

Pataki, C, **Sugar, J**, et al, "Justina, a Virtual Trauma Patient for Teaching Clinicians about PTSD," presented at annual meeting of AACAP, Chicago, October 2008

**Sugar, J**, "PTSD, Evolutionary Theory and Neuroscience," USC Psychiatry Grand Rounds, May 2006

**Sugar, J**, "PTSD following the Indonesian Tsunami," Southern California Psychiatric Society dinner meeting, February 2006

**Sugar, J**, "Understanding Trauma: Evolution, Neuroscience and PTSD after the Tsunami," invited lecture, Sylah Kuala University (State University of Aceh), Banda Aceh, Indonesia, May 2005

Rodriguez, N, **Sugar, J**, "Validation of the Youth PTSD Scale in Adolescents," presented at the annual meeting of the International Society of Traumatic Stress Studies, (ISTSS), New Orleans, November 2005

**Sugar, J**, Rodriguez, N., "Peritraumatic Dissociation, Current Dissociation and Posttraumatic Stress Disorder in Traumatized Youth," presented at the annual meeting of ISTSS, Chicago, Illinois, November 2003

**Sugar, J**, Lajonchere, C, Hunt, A, Rodriguez, N, "Peritraumatic Dissociation and Posttraumatic Stress Disorder in Traumatized Youth in Residential Treatment," Presented at the annual meeting of ISTSS, Baltimore, Maryland, November 2002

Lajonchere, C, **Sugar, J**, Hunt, A, Rodriguez, N, "Complex Posttraumatic Stress Disorder in Multiply Traumatized Youth," Presented at the annual meeting of ISTSS, Baltimore, Maryland, November 2002

**Sugar, J**, "Institute on Time in Child Psychotherapy." Chairman, annual meeting of AACAP, Anaheim, California, October 1998

**Sugar, J**, "Time Machines, Magnetic Fingers, and Magic Carpets: The Subjectivity of Space and Time in Child Hypnosis," annual meeting, AACAP, Anaheim, California, October 1998

**Sugar, J**, "Time for the Soul: Wisdom in Your Day planner." Presented at AACAP annual meeting, Anaheim, October 1998. Repeated at AACAP annual meeting, Chicago, October, 1999, at AACAP annual meeting, New York, October, 2000, at AACAP annual meeting, Honolulu, Hawaii October, 2001, and AACAP annual meeting, Miami, October 2003

**Sugar, J**, "Winnicott's Notion of Transitional Phenomena May Explain Why Both Hypnosis and Play Can Successfully Treat Dissociative Children," International Society of Clinical and Experimental Hypnosis biennial meeting, San Diego, CA, May 1997.

**Sugar, J**, "The Hypnotic Induction Profile for Children," International Society of Clinical and Experimental Hypnosis biennial meeting, San Diego, CA, May 1997

**Sugar, J**, "Institute on Brief Psychotherapy for Children and Adolescents," Co-Chair, AACAP annual meeting, New York, October 1994

**Sugar, J**, "Hypnosis and Hypnotherapy in the Brief Psychotherapy of Children and Adolescents," AACAP annual meeting, New York, October 1994.

**Sugar, J**, "Roles, Boundaries, Authorization, and Projective Identification in a Large Residential Treatment Center," 11th Scientific Meeting of the A.K. Rice Institute, Los Angeles, California, May 1993.